

# BIKE IN LANGHE MONFERRATO ROERO







# LIVING OUTDOOR: THAT TOO IS BUONVIVERE

**NATURE IS RHYTHM, BALANCE, HARMONY. IT MAKES YOU WANT TO FEEL IT UNDER YOUR FEET, TO WALK IT METRE AFTER METRE, TO BREATHE IT IN AT THE TOP OF YOUR LUNGS. PERHAPS BY PRACTISING A SPORT.**

And if you like to discover a destination by warming up your muscles, then you have come to the right place. Outdoor is guaranteed here.

Every landscape here has its own soul, every area is different. And yet each offers a kaleidoscope of possibilities to get your body and legs moving outdoor.

You are spoilt for choice: you can opt for a beautiful ride on roads that follow the ridges of the hills. Or you can go trekking to experience each place at the slowest possible pace. Follow maps and routes for a wide, free ride through unspoilt nature.

You make the rules. But venture out, toil and revel. You can leave everything behind: you will not be a mere visitor. This is how memorable experiences begin.

## **LANGHE MONFERRATO ROERO BY BIKE: PURE ENERGY**

**A WORD OF ADVICE:  
THE LANDSCAPES OF LANGHE  
MONFERRATO ROERO ARE EVEN  
MORE FASCINATING WHEN YOU  
DISCOVER THEM ON A BIKE,  
WITH THE WIND IN YOUR FACE.  
IT WILL BE AN ADVENTURE  
WITH EVERY BREATH YOU TAKE.**

It doesn't matter if you're a cycling amateur chasing the views or an expert looking for an adrenaline rush. The important thing is to ride. Your legs will propel you through a sea of hills, gentle or steep, hazel groves, woods and vineyards, where your gaze is lost in the distance.


And between rides you can always take a break, catch your breath and relax your muscles. A bite to eat in a farmhouse to taste old recipes. A glass of good wine to recharge your batteries. Visit ancient villages, castles, Romanesque churches and parish churches. Stop to gaze at the skyline of the nearby mountains. Sit on one of the huge Big Benches and soak up the beauty of millennia. Better get ready then, because there are plenty of exciting experiences waiting for you on your bike.





## LET YOUR LEGS LEAD YOU

Whether it's by mountain bike, road bike, gravel bike or e-bike, cycling in Langhe Monferrato Roero is within everyone's reach. And there will be no lack of satisfaction.



It makes little difference whether you are a casual enthusiast or a professional cyclist. You can choose from a wide range of routes with different levels of difficulty: in stages or on quiet roads, on or off the track, with gentle slopes or challenging climbs. You decide what suits you best. Follow the road and let your legs lead you.

They will take you cycling in the Alta Langa, the wildest area of all, with its steep descents through woods and hazel groves. But you may also find yourself climbing the ridge along the Rocche del Roero with its wild nature. And why not? Cross the hills of the so called Langa del Vino for a tour of endless vineyards or the slopes of Monferrato, surrounded by perched villages. And if you like to keep your eyes open for memories of the past, you can step back in time and admire the Romanesque architecture.

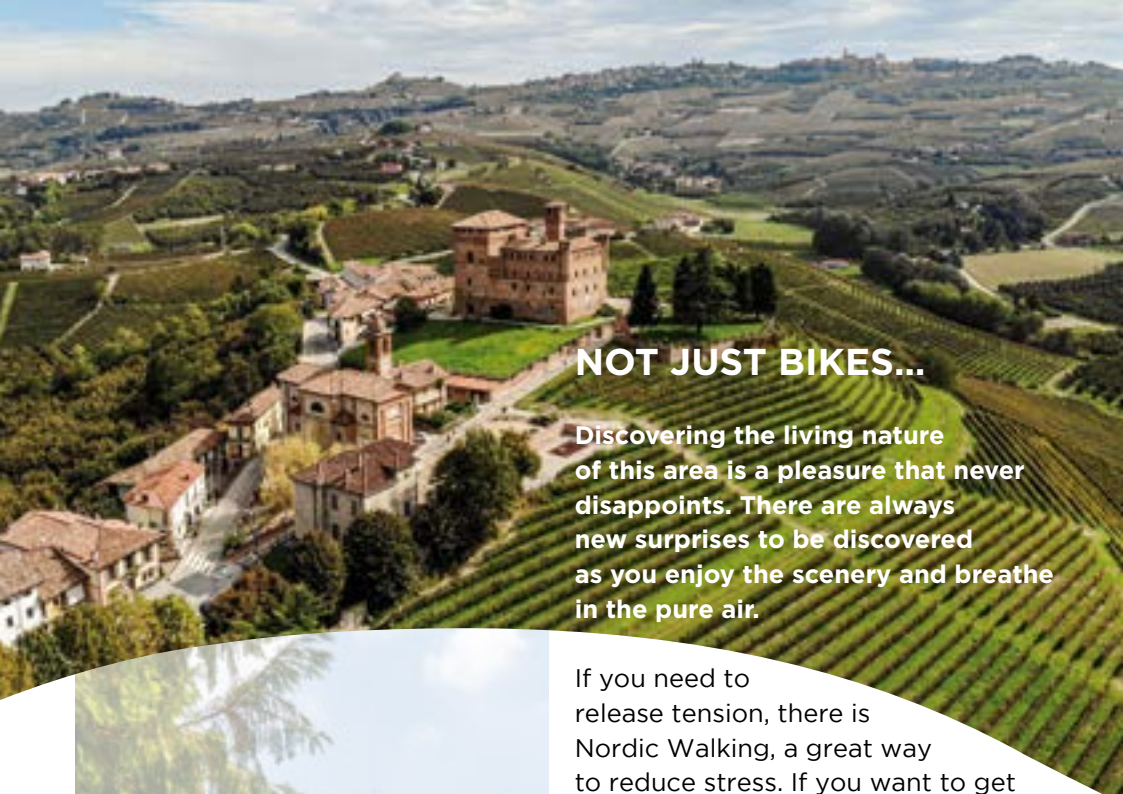


### **Find the route that suits you best.**

You will then be free to decide whether you want to change the route on the way, add a stage or simply follow your instincts.

But before you set off, please don't forget to download the gpx track, check the signposts and the charging points if you're travelling by e-bike. Don't get caught out on the road.





## NOT JUST BIKES...

Discovering the living nature of this area is a pleasure that never disappoints. There are always new surprises to be discovered as you enjoy the scenery and breathe in the pure air.

If you need to release tension, there is Nordic Walking, a great way to reduce stress. If you want to get away from the hustle and bustle of the city, there is soft trekking to take things at a slower pace. If you like stories that mix history and legend, there are many urban trekking routes.

And surely you don't want to miss a hot-air balloon flight? It is the only way to see the vineyards from a different perspective. Or how about a ride in a jolette? Then you can immerse yourself in the unspoilt greenery. There is also golf, horse-riding and motorbike trails for those who love riding on the hills. The outdoor experiences and activities in Langhe Monferrato Roero are so exciting that they will recharge your batteries. Once you've tried them, you won't be able to live without them.



## BIKE PRODUCT CLUB: TOURISM OF EXCELLENCE

**MORE AND MORE PEOPLE ARE TAKING HOLIDAYS ON TWO WHEELS AND CYCLE TOURISM IS ON THE INCREASE. THE NUMBER OF "EN PLEIN AIR" AND DYNAMIC ACTIVITIES TIED TO THE WORLD OF CYCLING IS ALSO INCREASING.**

**THIS HAS LED TO THE CREATION OF A PRODUCT CLUB TO OFFER DEDICATED AND EXCLUSIVE SERVICES.**

It has been created with the aim of networking and bringing together operators in the sector in a system capable of responding to the needs of the cycle tourism market.

The aim is simple: to promote cooperation in order to create a unified offer and to guarantee an excellent service to all those who wish to discover the natural riches of Langhe Monferrato Roero by bike and to enjoy a series of experiences that are difficult to find elsewhere.



## TO OFFER YOU THE BEST

THERE IS A VERY PRECISE RULE FOR JOINING THE PRODUCT CLUB: SATISFY EVERY SINGLE NEED OF BIKE TOURISTS.

TO DO THIS, THE ACCOMMODATION FACILITIES HAVE TO MEET CERTAIN REQUIREMENTS: MANDATORY ONES, WHICH YOU CANNOT DO WITHOUT, AND OPTIONAL ONES, WHICH ADD EXTRA SERVICES AND ENRICH THE OFFER.

WOULD YOU LIKE TO KNOW WHAT THEY ARE? HERE IS A LIST.

### MANDATORY REQUIREMENTS:

- Bicycle storage
- Maintenance workshop
- Bike wash area
- Route information
- Electricity connection
- Wi-fi
- Early breakfast
- Laundry service



### OPTIONAL REQUIREMENTS:



Specialised  
staff



Bicycle  
hire



Bicycle  
and luggage  
transport service



Route  
proximity









ph. courtesy Agriturismo Albarossa

## AGRITURISMO ALBAROSSA



### AGRITURISMO ALBAROSSA

Strada Bricco, 49

14049 Nizza Monferrato (AT)

Tel. +39 380 4348644

[info@agriturismoalbarossa.com](mailto:info@agriturismoalbarossa.com)

[www.agriturismoalbarossa.com](http://www.agriturismoalbarossa.com)

Agriturismo Albarossa is 2 km from Nizza Monferrato and takes its name from Albarossa, a black grape variety obtained in the 1930s by crossing Barbera and Nebbiolo di Dronero. It has air-conditioned rooms, equipped with every comfort, a garden with barbecue and a swimming pool. Some have stone walls and original beams, and all are furnished with the family's antiques.



ph. courtesy Cascina Sant'Eufemia

## AGRITURISMO CASCINA SANT'EUFEMIA



### AGRITURISMO CASCINA SANT'EUFEMIA

Loc. Sant'Eufemia, 3

12050 Sinio (CN)

Tel. +39 349 6463786

[info@cascinasanteufemia.it](mailto:info@cascinasanteufemia.it)

[www.cascinasanteufemia.it](http://www.cascinasanteufemia.it)

Agriturismo Cascina Sant'Eufemia is a farm that produces hazelnuts and certified red wines. The structure, in a rustic style, is immersed in the Piedmontese countryside and is only 3 km away from Sinio, a medieval village nestled in the hills of the Langa. The studios and rooms have direct access to the communal terrace, which offers a panoramic view of Monviso and the Alps. A warm welcome, hospitality and sharing are the reward for the efforts of those who reach the farmhouse along the so called Salita Bartali.



ph. courtesy Tenuta La Romana

## AGRITURISMO TENUTA LA ROMANA



### AGRITURISMO TENUTA LA ROMANA

Strada Canelli, 59

14049 Nizza Monferrato (AT)

Tel. +39 0141 727521

[info@tenutalaromana.com](mailto:info@tenutalaromana.com)

[www.tenutalaromana.it](http://www.tenutalaromana.it)

Agriturismo Tenuta La Romana is an 18th century farmhouse in a panoramic position between the hills of Monferrato and the Langhe, immersed in the greenery of over 40 hectares of woods and vineyards. It has been restored respecting the original architecture and offers spacious rooms and small apartments, furnished with great attention to detail and equipped with all modern conveniences. The property's extensive grounds, which include a lake, are ideal for sports and leisure activities such as walking and cycling.



ph. courtesy Villa La Meridiana

## AGRITURISMO VILLA LA MERIDIANA



### AGRITURISMO VILLA LA MERIDIANA

Località Altavilla, 9

12051 Alba (CN)

Tel. +39 338 4606527

[cascinareine@libero.it](mailto:cascinareine@libero.it)

[www.villalameridianaalba.it](http://www.villalameridianaalba.it)

Just one kilometre from Alba's old town, surrounded by vineyards, orchards and woods, Agriturismo Villa La Meridiana is a family house open to those who wish to enjoy the scenery and pleasures of the Langhe. In addition to tasting Barbera or Nebbiolo wines, both made from organically grown grapes, you can walk through the estate's vineyards or along the truffle grounds that stretch down to the river. The perfect starting point for an itinerary of inns, restaurants and wine bars.





ph. courtesy Al Cuore delle Langhe

## AL CUORE DELLE LANGHE



### AL CUORE DELLE LANGHE

Via San Rocco, 29

12050 Cravanzana (CN)

Tel. +39 333 6303785

[alcuoredellelanghe@gmail.com](mailto:alcuoredellelanghe@gmail.com)

Al cuore delle Langhe is an accommodation unit surrounded by the beautiful hills of the Alta Langa and located in Cravanzana, a charming village in the province of Cuneo. Furnished in a modern style without forgetting tradition, it offers its guests all the comforts for a pleasant and relaxing stay. Suitable for any type of stay, it is a central stopover for itineraries and routes of great variety and beauty.



ph. courtesy Bricco Viole - Vineho

## AZIENDA AGRICOLA BRICCO VIOLE - VINEHO



### AZIENDA AGRICOLA BRICCO VIOLE - VINEHO

Località Bricco delle Viole, 3

12060 Barolo (CN)

Tel. +39 338 1153103

[info@vineho.it](mailto:info@vineho.it)

[www.vineho.it](http://www.vineho.it)

Born from an old barn renovated into a green building, Vineho, surrounded by the endless expanse of Nebbiolo grapes, captivates with its style of modern elegance. The 6 apartments, created with an essential and linear design, meet all needs to guarantee maximum privacy and comfort. It offers a wide range of wellness facilities, including an infinity pool, a small spa and a garden.



ph. courtesy Il Germano Reale

## B&B IL GERMANO REALE



### B&B IL GERMANO REALE

Via Giuseppe Verdi, 5

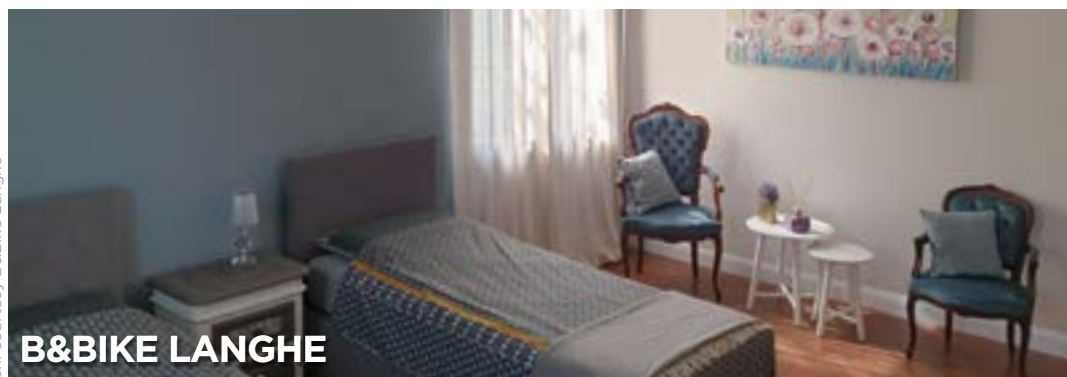
12051 Alba (CN)

Tel. +39 331 6262106

[bb.ilgermanoreale@gmail.com](mailto:bb.ilgermanoreale@gmail.com)

[www.germanoreale-alba.it](http://www.germanoreale-alba.it)

Il Germano Reale is situated at the foot of the Langhe hills, just 5 minutes from the historic centre of Alba. It is situated in an old farmhouse, finely restored and surrounded by a large shady garden. The rooms are spacious and bright, with independent entrances, and furnished with care in every detail. They have flat-screen TVs, air conditioning and balconies overlooking the courtyard.



ph. courtesy B&Bike Langhe

## B&BIKE LANGHE



### B&BIKE LANGHE

Via Valledoglio, 11

12052 Neive (CN)

Tel. +39 391 7229959

[bnbikelanghe@gmail.com](mailto:bnbikelanghe@gmail.com)

[www.bnbikelanghe.it](http://www.bnbikelanghe.it)

Located in an old family farmhouse, B&Bike Langhe is less than 2 km from the hilltop village of Neive, surrounded by vineyards and hazelnut groves. It offers solutions for cyclists, but also for tourists who want to discover the territory of the Langhe. Inside there is an area called Bike Garage, equipped with a sauna and spinning bikes. For the most demanding cyclists there is the possibility of storing their own bike in their room on special furniture.





ph. courtesy Tenuta Antica



### BIO AGRITURISMO TENUTA ANTICA

Regione Busdone, 2

14050 Cessole (AT)

Tel. +39 339 7951498

[info@tenuta-antica.com](mailto:info@tenuta-antica.com)

[www.tenuta-antica.com](http://www.tenuta-antica.com)

Bio Agriturismo Tenuta Antica, in the heart of the Langa Astigiana, offers accommodation, home cooking and activities in direct contact with nature. The organic farm, which covers about 7 hectares of land among vineyards and hazelnut groves, produces wines made from Barbera, Dolcetto and Pinot Noir grapes. In this environment of pure rural tranquillity, there are many possible experiences: wine tasting, wellness trails in the garden among saunas, whirlpools and steam baths, hiking or cycling, horseback riding through the woods and hills.



ph. courtesy Casa Pecchenino



### CASA PECCHENINO LANGHE INCOMING E-BIKE & WINE

Borgata Valdiberti, 59

12063 Dogliani (CN)

Tel. +39 380 5404220

[attilio.pecchenino@gmail.com](mailto:attilio.pecchenino@gmail.com)

[www.pecchenino.it](http://www.pecchenino.it)

Casa Pecchenino is an old farmhouse with 5 rooms, restored respecting the original architecture and traditional materials. The Pecchenino family has always been dedicated to the cultivation of the most important Piedmontese vines and the production of wine, to which they have added agritourism over the years. In 2022 they launched the Langhe Incoming E-bike & Wine Pecchenino service with the purchase of 8 e-bikes including front and full, mtb and road bikes.



ph. courtesy CasaMatilda



### CASAMATILDA AGRITURISMO CON OSPITALITÀ

Borgata Pamparato, 1

12063 Dogliani (CN)

Tel. +39 333 4703534

+39 338 4524202

[info@casamatilda.it](mailto:info@casamatilda.it)

[www.casamatilda.it](http://www.casamatilda.it)

Situated in the heart of the Langhe, Agriturismo CasaMatilda is a farm that produces fruit, vegetables and grapes for wine in a natural way. In addition to the presence of the Bottega for the direct sale of products, the farmhouse has 4 independent apartments, ideal for families with children and tourists seeking contact with nature and the tranquillity of the countryside. The structure offers a friendly and informal hospitality service.



ph. courtesy Cascina Marengo



### CASCINA MARENCO

Regione Sorba, 3

14050 Cessole (AT)

Tel. +39 349 8313548

[info@cascinamarengo.it](mailto:info@cascinamarengo.it)

[www.cascinamarengo.it](http://www.cascinamarengo.it)

Situated in the hills between the villages of Cessole and Vesime, Cascina Marengo is an old stone farmhouse, completely restored and immersed in the vineyards of the Langa Astigiana. Divided into spacious and comfortable apartments, it has a swimming pool and a beautiful garden. Surrounded by luxuriant rows of vines, it is the ideal place to relax, surrounded by the silence and soft light of the gentle hills, and to savour the authentic Italian lifestyle.





ph. courtesy Corte Gondina

## CORTE GONDINA HOTEL



### CORTE GONDINA HOTEL

Via Roma, 100  
12064 La Morra (CN)  
Tel. +39 0173 509781  
[info@cortegondina.it](mailto:info@cortegondina.it)  
[www.cortegondina.it](http://www.cortegondina.it)

Corte Gondina is an early twentieth-century residence in the heart of La Morra, one of the most charming villages in the Langa del Barolo, just a few kilometres from Alba, the gastronomic capital of Piedmont. Its 14 rooms have been created by preserving the original spaces and adapting them with balance and style to offer guests the comfort and elegance of a refined boutique hotel. An ideal starting point to discover the culture of Barolo and Barbaresco through villages and wine cellars.



ph. courtesy Il Cortile Suites

## IL CORTILE SUITES



### IL CORTILE SUITES

Via Santa Croce, 17  
12055 Diano d'Alba (CN)  
Tel. +39 333 1408337  
[suite@agriturismoilcortile.it](mailto:suite@agriturismoilcortile.it)  
[www.agriturismoilcortile.it](http://www.agriturismoilcortile.it)

In Diano d'Alba, in a unique setting among hills and vineyards, the agritourism Il Cortile Suites is reminiscent of the old Langa farmhouses. It has 4 suites, recently renovated, with fully equipped kitchen and private balcony with panoramic view. Every detail has been designed to guarantee maximum comfort. In total harmony with the environment, it combines the beauty and charm of nature with excellent service and local culinary traditions.



ph. courtesy Il Pozzo Fiorito

## IL POZZO FIORITO



### IL POZZO FIORITO

Via Umberto I, 2  
14020 Cossombrato (AT)  
Tel. +39 328 9415081  
[info@ilpozzofiorito.com](mailto:info@ilpozzofiorito.com)  
[www.ilpozzofiorito.com](http://www.ilpozzofiorito.com)

Il Pozzo Fiorito is a pleasant corner of peace and relaxation in Cossombrato, near Asti. It consists of 5 rustic-style lodgings, which have been obtained from an ancient house, carefully restored in full respect of the atmosphere of the past. Each unit has a fully equipped kitchen and comfortable rooms overlooking a large courtyard. The swimming pool, solarium and small gym guarantee a pleasant stay in the rural tranquillity of the Val Rilate.



ph. courtesy La Casa di Talin

## LA CASA DI TALIN



### LA CASA DI TALIN

Località Baraccone, 4  
12050 Serravalle Langhe (CN)  
Tel. +39 339 1909339  
[chiera.ssa@gmail.com](mailto:chiera.ssa@gmail.com)  
[www.lacasaditalin.it](http://www.lacasaditalin.it)

La Casa di Talin is a typical stone farmhouse immersed in the uncontaminated greenery of the Alta Langa, perched on the top of a ridge overlooking the hazel groves and vineyards, the bell towers and castles of the Bassa Langa, the mountains and the Alps. It has 5 spacious and bright rooms with different identities and 2 mini-apartments for longer stays. Outside, the veranda, the garden with swimming pool and solarium offer moments of pure relaxation and well-being. An excellent starting point for excursions of all kinds.





ph. courtesy La Cascina di Villa Due

## LA CASCINA DI VILLA DUE



### LA CASCINA DI VILLA DUE

Via Oltre Tanaro, 16  
12068 Narzole (CN)  
Tel. +39 328 8690689  
[info@cascinadivilladue.it](mailto:info@cascinadivilladue.it)  
[www.cascinadivilladue.it](http://www.cascinadivilladue.it)

La Cascina di Villa Due, a country house immersed in the greenery of the Langhe, is the result of the restoration of the farmhouse next to the restaurant. It has comfortable, traditionally furnished rooms equipped with every comfort. The relaxation area has a small private gym, Finnish sauna, hydromassage and herbal tea tasting area. The garden with swimming pool and sunbathing area and the restaurant serving local specialities complete the property. Itineraries and panoramic tours are available to explore the area in depth.



ph. courtesy Lindhouse

## LINDHOUSE CASA DI CAMPAGNA



### LINDHOUSE CASA DI CAMPAGNA

Via San Giuseppe, 7  
12040 Govone (CN)  
Tel. +39 320 0227410  
[info@lindhouse.it](mailto:info@lindhouse.it)  
[www.lindhouse.it](http://www.lindhouse.it)

Lindhouse is a charming country house in Govone, a few kilometres from Alba and Asti. It has 2 apartments, small but cosy, furnished with simple handmade furniture, sharing an old porch and the courtyard, where there is a hydro-massage tub with heated water. It is an authentic and romantic place from which many paths for excursions of various kinds branch off.



ph. courtesy Miravigne House

## MIRAVIGNE HOUSE CASA DI CAMPAGNA CON CUCINA



### MIRAVIGNE HOUSE

Via Crossa, 1  
14054 Castagnole delle Lanze (AT)  
Tel. +39 351 7254943  
[info@miravigne.it](mailto:info@miravigne.it)  
[www.miravigne.it](http://www.miravigne.it)

Miravigne House - Countryhouse with kitchen is located in Castagnole delle Lanze, halfway between Asti and Alba. The property, small, cosy and surrounded by greenery, has 4 rooms, each with its own charm and character, and a kitchen open only to guests to enjoy traditional dishes and local products 0 km. With its strong vocation for cycling, it is the ideal location for exploring the surrounding area.



ph. courtesy Moon Garden

## MOON GARDEN



### MOON GARDEN

Via Serra d'Asti, 1  
14040 Mongardino (AT)  
Tel. +39 338 2778808  
[moongarden.agriturismo@gmail.com](mailto:moongarden.agriturismo@gmail.com)

Less than 1 km from the centre of Mongardino, Moon Garden offers 3 rooms furnished in Piedmontese style and equipped with all the comforts. Its strong point is the splendid infinity pool overlooking the hills of Asti. It is the right place to get away from the hustle and bustle of the city and experience the authentic country life: the beauty of the surrounding nature, the authenticity of the local products and the hospitality make it the perfect destination for a holiday dedicated to well-being.





ph. courtesy Nutrilamente

## NUTRILAMENTE



### NUTRILAMENTE

Via Monte Nero, 14  
14020 Robella (AT)  
Tel. +39 333 2485508  
[info@nutrilamente.com](mailto:info@nutrilamente.com)  
[www.nutrilamente.com](http://www.nutrilamente.com)

Nutrilamente Country House, a vegan farmhouse in Monferrato, is located in Robella, in the province of Asti. The farmhouse, renovated according to green sustainability standards, has 3 rooms, each with its own bathroom. It offers a delicious vegan cuisine with local ingredients, wellness activities and the opportunity to explore the surrounding area with walks in the woods or, for bike lovers, along specially designed trails.



ph. courtesy Le Betulle

## RESIDENCE LE BETULLE



### RESIDENCE LE BETULLE

Via Mattutina, 1 - Frazione San Matteo  
14010 Cisterna d'Asti (AT)  
Tel. +39 348 5178700  
[info@residencelebetulle.com](mailto:info@residencelebetulle.com)  
[www.residencelebetulle.com](http://www.residencelebetulle.com)

Residence Le Betulle is situated in the heart of the Roero, halfway between the famous cities of Alba, Asti, Bra and Cuneo. The residence consists of a three-storey building built in 1978 and divided into 6 apartments. Each apartment is furnished with restored antique furniture and is equipped with all modern conveniences, from television to a terrace with a view of the hills and the village of Cisterna d'Asti, overlooking the valley. The residence is equipped with a recreation area for a totally relaxing holiday.



ph. courtesy Rinirma

## RINIRMA



### RINIRMA

Strada Monferrato  
14023 Cocconato (AT)  
Tel. +39 333 1712230  
[isabeldefendi@gmail.com](mailto:isabeldefendi@gmail.com)

Located 3 km from Cocconato, a small village also known as the Riviera del Monferrato, the two-roomed Rinirma is at the crossroads between the provinces of Asti, Alessandria and Turin. The house is on the ground floor with a private courtyard and consists of a kitchen, a bedroom and a private bathroom. With a modern and essential design, it is equipped with all the comforts to spend relaxing and carefree days in the Asti hills.



ph. courtesy Villa Cornarea

## VILLA CORNAREA



### VILLA CORNAREA

Via Valentino, 150  
12043 Canale (CN)  
Tel. +39 348 7651411  
[info@villacornarea.com](mailto:info@villacornarea.com)  
[www.villacornarea.com](http://www.villacornarea.com)

Villa Cornarea, a Liberty-style residence built at the beginning of the 20th century, is located in Canale, in the heart of Roero. It is surrounded by a large park with a swimming pool and by vineyards that produce wines such as Roero Arneis, Roero, Nebbiolo and the Tarasco Passito. The villa has nine rooms, all different each other, and a two-room apartment. Spread over the three floors of the villa, the rooms are finely furnished with period furniture and embellished with Art Nouveau tapestries and decorations.





ph. courtesy Villa Gremi



**VILLA GREMÌ**

Via Circonvallazione, 12  
12065 Monforte d'Alba (CN)

Tel. +39 338 1675195

[info@villagremi.it](mailto:info@villagremi.it)

[www.villagremi.it](http://www.villagremi.it)

Villa Gremi is a Liberty-style residence not far from the historic centre of Monforte d'Alba. It is made up of 5 apartments with views over the ancient village and the Barolo hills, all furnished with attention to detail. In the courtyard, the swimming pool with hydromassage and whirlpool offers moments of absolute relaxation. The family-run villa is the perfect starting point for walks among the vineyards and bike or motorbike rides through the evocative landscapes of the Langhe.





## SERVICES AND EXPERIENCES TO LIVE

Not only is there a mix of outdoor activities and nature trails to unleash your passion for cycling. There are also a variety of tours led by qualified guides.

Cycling with a local is a great way to explore the area, get anecdotes and details about the villages you pass through. And you don't even have to worry about the road or any unforeseen events along the way. You will see that with their advice you will experience carefree moments, cycling leisurely through the history, culture, art and food and wine of Langhe Monferrato Roero.

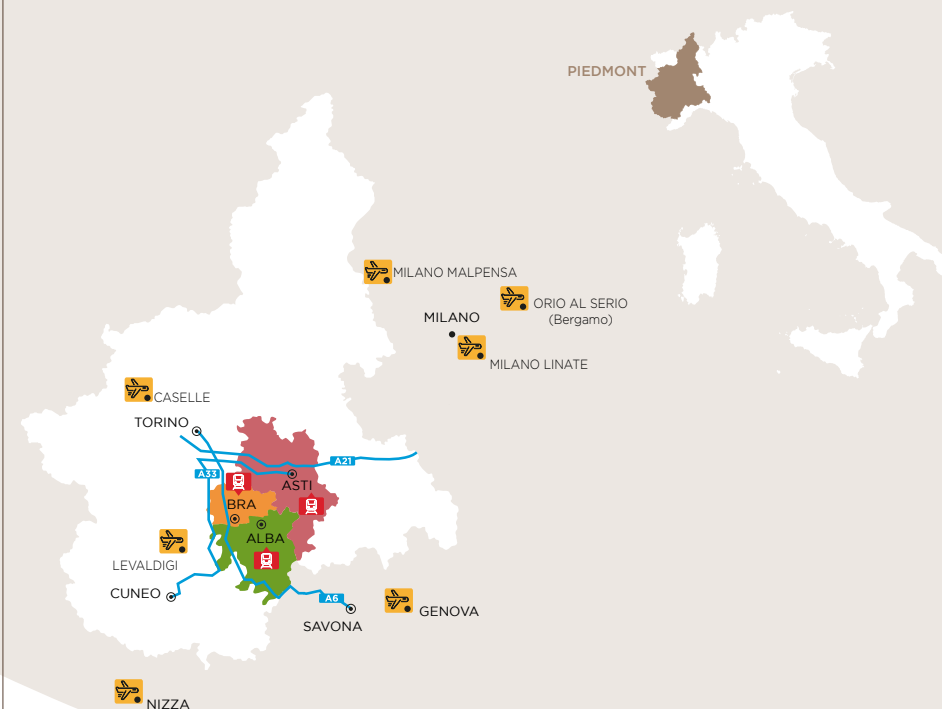
If you prefer to leave your bike at home, do not worry. Here you will find useful information on how to rent a bike in comfort.



**THEN THERE IS NO DOUBT ABOUT IT:  
CYCLING AT YOUR OWN PACE,  
WITHOUT RUSHING, IS A MUST.**

**YOU WILL DISCOVER HOW GOOD  
IT FEELS. YOU WILL DISCOVER  
HOW GREAT IT IS TO FEEL GOOD.**

## Ente Turismo LMR: where we are



### Airports

Milano Malpensa  
Milano Linate  
Orio Al Serio (Bergamo)  
Torino Caselle  
Cuneo Levaldigi  
Genova  
Nizza - France

### Trains

Asti - Genova  
Alessandria - Cavallermaggiore  
Chivasso - Asti  
Castagnole - Asti - Mortara  
Carmagnola - Bra  
Torino - Genova

### Highways

A6 Torino Savona  
A21 Torino Piacenza Brescia  
A33 Asti Cuneo

## LMR Products







[www.visitlmr.it](http://www.visitlmr.it)

Texts by: Emanuela Faiazza  
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